



St Michael's Academy Menu

Fresh fruit, salad, bread and yoghurt available daily

Three week rolling menu

| Week 1 | | Week 2 | | Week 3 | | |
|--|--|--|---|---|---|--|
| 4 th June, 25 th June, 16 th July, 17 th Sept, 8 th Oct | | 11 th June, 9 th July, 3 rd Sept, 24 th Sept, 15 th Oct | | 18 th June, 9 th July, 10 th Sept, 1 st Oct, 22 nd Oct | | |
| Main Course | | Main Course | | Main Course | | |
| Desert | | Desert | | Desert | | |
| Monday | Meat Free Mondays Inspired by Jamie Oliver | Pineapple upside down cake | Meat Free Mondays Inspired by Jamie Oliver | Jam and coconut sponge cake | Meat Free Mondays Inspired by Jamie Oliver | Pear & chocolate sponge with chocolate custard |
| | Tomato and vegetable pasta | | | | | |
| | Served with garlic bread and salad or sweetcorn | | Served with baked beans or sweetcorn | | Served with garlic bread, peas and salad sticks | |
| Tuesday | Hot Dog | Fruit cheesecake | Chicken Korma | Chocolate mousse | Breaded Chicken Goujons | Square fruit scone and jam |
| | Quorn Sausage | | | | | |
| | Served with seasoned wedges and crunchy salad sticks | | Served with rice, vegetables and naan bread | | Served with new potatoes, homemade coleslaw and sweetcorn | |
| Wednesday | Chicken fajita wraps | Fruit jelly | Spaghetti Bolognese | Summer fruit fool | Chinese style pork | Rice pudding |
| | Mixed Bean wrap | | | | | |
| | Served with savoury rice | | Served with salad and garlic bread | | Served with noodles, vegetables and prawn crackers | |
| Thursday | Roast pork | Fruity ice lolly | Roast gammon | Fruit ice lolly | Chicken toad in the hole | Fruit ice lolly |
| | Quorn fillet | | | | | |
| | Served with apple sauce, roast potatoes and vegetables | | Served with roast potatoes, yorkshire pudding and vegetable | | Served with roast potatoes and seasonal vegetables | |
| Friday | Fish Goujons | Marshmallow crispie cake | Breaded Salmon fingers | Apple and cinnamon slice | Battered fish portions | Fruit flapjack |
| | Veggie nuggets | | | | | |
| | Served with chips and baked beans or peas | | Served with chips and baked beans or peas | | Served with chips and baked beans or peas | |



2nd option is always available alongside the main dish.

This is usually jacket potato, rice or pasta with a choice of filling

New for Summer - Pack lunch plates



Please ensure that you inform the Office of any allergies